



orders@kossiesikelela.co.za  
012 885 0606/ 079 218 9838  
www.kossiesikelela.co.za

[Standard Plate R92] [Jumbo Plate R125] [Small Plate R70] [Kids Portion R40]  
[Standard Plate 470gm] [Jumbo Plate 730gm] [Small Plate 300gm] [Kids Portion 250gm]

## REGULAR COOKED MEALS - DELIVERED

### Sept-26

| Monday                                                                                   | Tuesday                                                                       | Wednesday                                                                    | Thursday                                                                           | Friday                                                                |
|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| 31-Aug-26                                                                                | 01-Sept-26                                                                    | 02-Sept-26                                                                   | 03-Sept-26                                                                         | 04-Sept-26                                                            |
|                                                                                          | <b>Lemon &amp; Herb Chicken Sosatie</b>                                       | <b>Beef Goulash</b>                                                          | <b>Grilled Chicken 1/4</b>                                                         | <b>Crumbed Fish</b>                                                   |
|                                                                                          | Mayo Noodle Salad<br>Crisp Cucumber & Tomato Salad<br>Spinach & Feta Tartlets | Samp<br>Sweet Carrot Roundels<br>Savoury Gem Squash                          | Savoury Rice & Gravy<br>Broccoli & Cauliflower in White sauce<br>Sweet Potato Mash | Herbed Mashed Potato<br>Coleslaw<br>Corn on the Cob<br><i>Pudding</i> |
| 07-Sept-26                                                                               | 08-Sept-26                                                                    | 09-Sept-26                                                                   | 10-Sept-26                                                                         | 11-Sept-26                                                            |
| <b>Roast Beef</b>                                                                        | <b>Sweet &amp; Sour Pork Sosatie</b>                                          | <b>Chicken Lasagne</b>                                                       | <b>Bobotie</b>                                                                     | <b>Chicken Schnitzel</b>                                              |
| Brown Rice & Gravy<br>Custard Carrots<br>Beans, onion & Potato                           | Creamy Potato Bake<br>Roasted Butternut<br>Braised Broccoli                   | -<br>Carrot & Pineapple Salad<br>Spinach, onion & potato                     | Yellow Rice<br>Sweet Pumpkin<br>Butter Peas<br><i>Pudding</i>                      | Potato Wedges<br>Seasonal Roast Veggies<br>-                          |
| 14-Sept-26                                                                               | 15-Sept-26                                                                    | 16-Sept-26                                                                   | 17-Sept-26                                                                         | 18-Sept-26                                                            |
| <b>Savoury Mince</b>                                                                     | <b>Chicken Stir Fry</b>                                                       | <b>White Fish Paella</b>                                                     | <b>Chicken Casserol</b>                                                            | <b>Braised Beef Stew</b>                                              |
| Served in a Pancake<br>Baked Beetroot with Balsamic Glaze<br>Cauliflower in Cheese Sauce | Egg Noodles<br>Braised Stirfry Veggies<br>-                                   | Spanish Rice<br>Three-Bean Salad<br>Carrot, onion & potato<br><i>Pudding</i> | Brown Rice<br>Braised Cabbage<br>Savoury Mixed Veg                                 | Mielie Rice<br>Roasted Sweet Potato<br>Green Salad                    |
| 21-Sept-26                                                                               | 22-Sept-26                                                                    | 23-Sept-26                                                                   | 24-Sept-26                                                                         | 25-Sept-26                                                            |
| <b>Bacon Alfredo</b>                                                                     | <b>Basaar Curry Mince</b>                                                     | <b>Creamy Chicken</b>                                                        |                                                                                    | <b>Boerewors</b>                                                      |
| with Fettucine<br>Ratatouille<br>Baked Pumpkin                                           | Tastic Rice<br>Gems with Cinnamon Sugar<br>French Beans<br><i>Pudding</i>     | Served on a Spud<br>Glazed Butternut<br>Savoury Hubbard Squash               | <b>Heritage Day (NO SERVICE)</b>                                                   | Pap & Sheba<br>Beetroot Salad<br>Broccoli Salad                       |
| 28-Sept-26                                                                               | 29-Sept-26                                                                    | 30-Sept-26                                                                   |                                                                                    |                                                                       |
| <b>Lamb Pie</b>                                                                          | <b>Chicken Korma Curry</b>                                                    | <b>Meatballs in Tomato Sauce</b>                                             |                                                                                    |                                                                       |
| with puff pastry crust<br>Sweet Potato with Ginger<br>Creamed Spinach<br><i>Pudding</i>  | Basmati Rice<br>Tomato & Onion Sambal<br>Braised Green Beans                  | Spaghetti<br>Country Veg in White Sauce<br>Coleslaw                          |                                                                                    |                                                                       |

REMEMBER THAT WE DO CATERING FOR ALL SIZES OF FUNCTIONS AND EVENTS. CALL US FOR A BESPOKE QUOTATION.